



Sunrise climb Mount Meru, with Kilimanjaro in the distance.

## We like...

- The highest mountain in Africa and one of the 7 Summits
- Acclimatise on the nearby Meru Peak
- The diversity of flora at different heights
- A much less traveled route than Machame, Marangu or Lemoshe
- The opportunity to combine Kilimanjaro with a great safari or to experience the amazing beaches of Zanzibar (trip extension on request)



See dates on website or Private Trip  
Mt Meru & Kilimanjaro – Umbwe Route

## Trip Facts

Maximum elevation: 5,895 m / 19,341 ft

Location: Tanzania

Climbing season: Jan-Feb, Jul-Oct

Strenuous, no exposure

Number of days: 11 Days

## Rating

Steepness ▲ ▲ ▲ ▲ ▲

Fitness ▲ ▲ ▲ ▲ ▲

## Price

USD\$ 4,800

Per person

- Deposit: 30% at booking
- Balance: 70% 30 days before the departure date

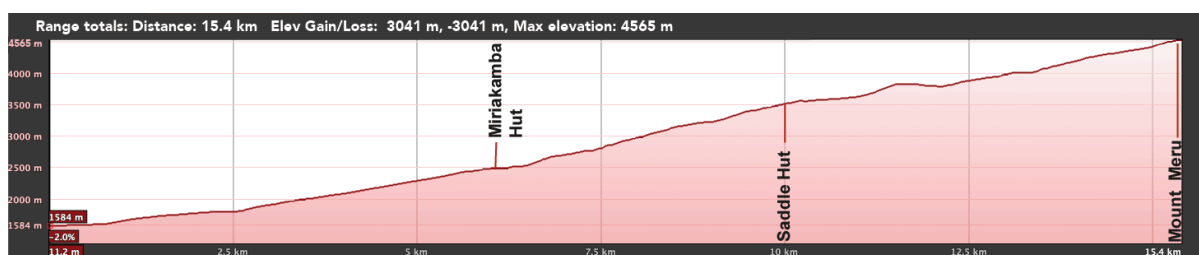
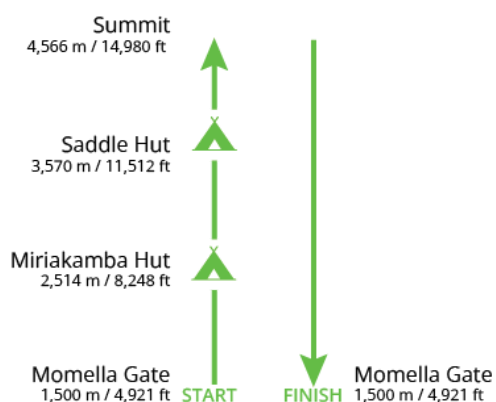
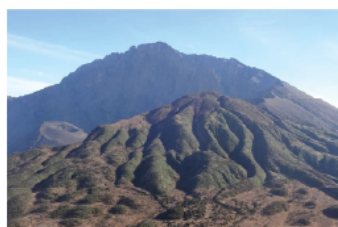
Included	Excluded
<ul style="list-style-type: none"> <li>• All arrival and departure transfer services to and from airport</li> <li>• Transport of up to 1 duffle bag of a maximum total weight of 15 kgs during the trek</li> <li>• All transportation to and from Kilimanjaro National Park</li> <li>• 3 nights' accommodation at a good quality hotel in Arusha on B/B basis on a double basis (single option at extra cost)</li> <li>• Accommodation in shared tents during the trek</li> <li>• Experienced guides, cooks, and porters</li> <li>• Three meals a day (breakfast, lunch and dinner with tea or coffee) along with accommodation in single tents during the trek</li> <li>• Purified drinking water</li> <li>• Conservation, camping, and rescue fees as required by the local regulations representing for this itinerary.</li> <li>• Experienced Trekking Guide</li> </ul>	<ul style="list-style-type: none"> <li>• Tips for trekking staff (8-day climb): approx. US\$2,720–3,320 per group, or US\$270–415 per person (for groups of 8–10).</li> <li>• Lunch and dinner in Arusha</li> <li>• Extra hotel charge at Arusha (bar bills, laundry, extra nights)</li> <li>• Internet access during the climb (we can arrange for you a Tanzanian SIM card and top-up card at Arusha for calls and internet)</li> <li>• Personal trekking and climbing equipment (see gear list)</li> <li>• Personal medical, travel &amp; evacuation insurance (mandatory)</li> <li>• International airfare</li> <li>• Tanzanian entry visa fee</li> </ul>

- First aid medical kit
- World Sherpas T-Shirt or Duffle bag
- Oxygen (in case of emergency)
- Pulse Oximeter
- Shower tent

## Location



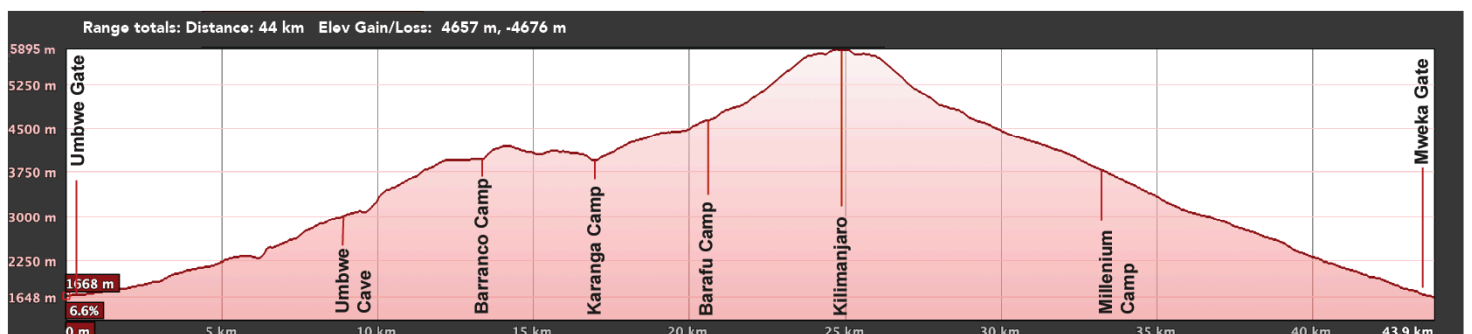
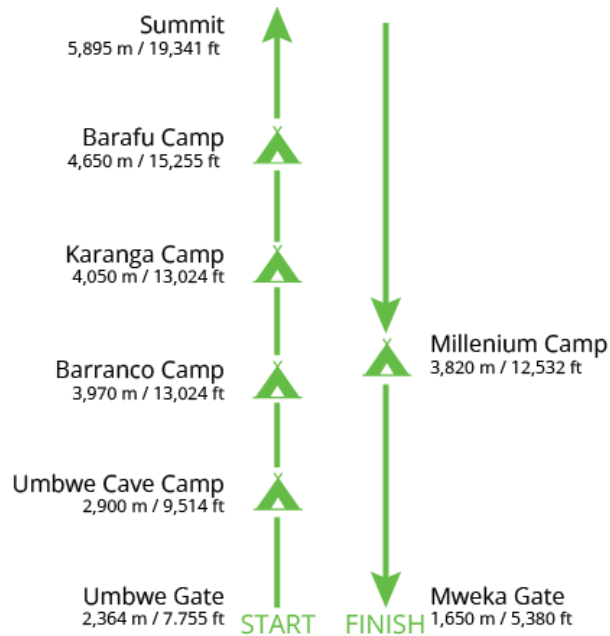
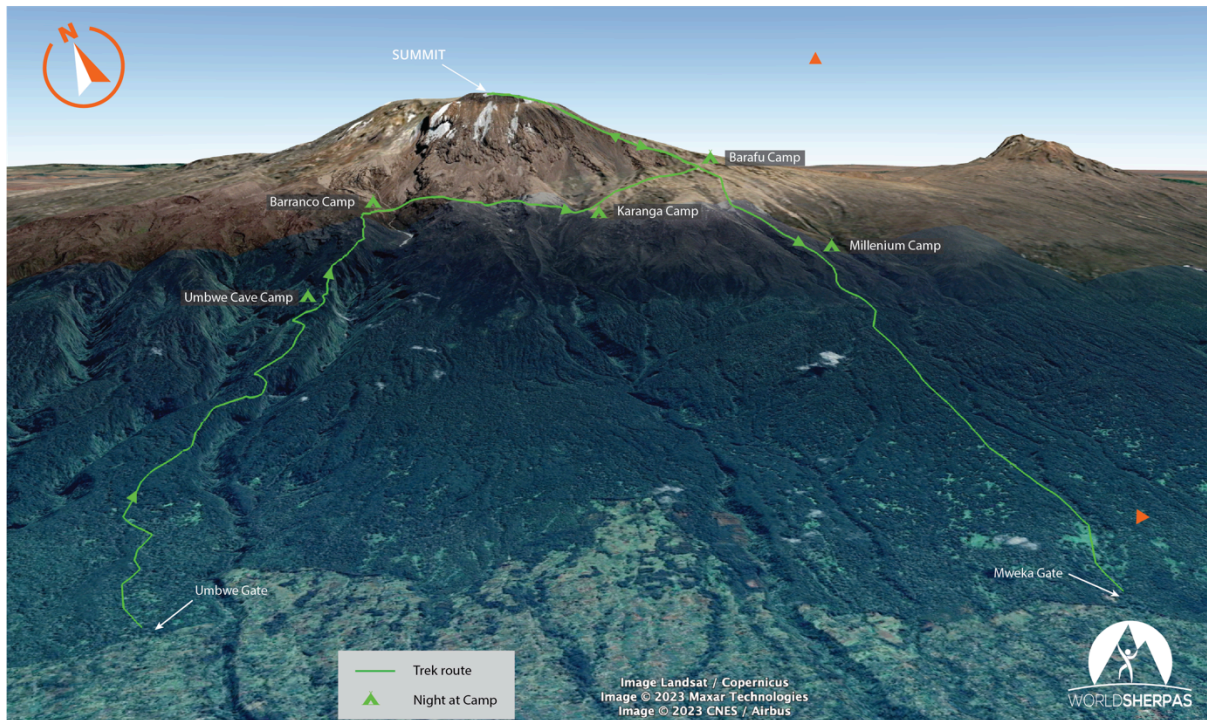
## Meru Peak







## See dates on website or Private Trip Mt Meru & Kilimanjaro – Umbwe Route



## Itinerary

Day	Program
1	<p>Arrival to Kilimanjaro Airport and transfer to hotel (1,400 m / 4,600 ft)</p> <p>You will be met by our team at the airport and transferred to our luxury hotel in Arusha with great views of the mountain. We will have briefing with the guides about the trek ahead that evening or in the morning before we leave.</p>
2	<p>Arusha – Momella Gate – Miriakamba Hut (2,500 m / 8,202 ft) 5-7 hours</p> <p>We have an early breakfast in the hotel and then drive to Momella Gate. At this point we will organize our bags for the porters and register with the Tanzania National Park. We will begin our easy day of trekking seeing some beautiful wildlife such as giraffes, zebras, buffalo and potentially elephants. Due to the high possibility of encountering wildlife, an armed ranger hired through the National Park is required to hike with our team during the trek. As we make our way towards Miriakamba hut for the evening, we will pass the Ngarenanyuki River and a spectacular waterfall at the base of Mt Meru</p>
3	<p>Miriakamba Hut – Saddle Hut (3,500 m / 11,482 ft) 3-5 hours</p> <p>Our day begins ascending a steep trail along the ridge of the saddle. We will have views of Mt Meru Crater and the Ash Tray. Once at the Saddle Hut camp, there is an option to trek up Little Mt Meru (3,820 m / 12,532 ft) for extra acclimatisation. Early dinner and bed as we leave for the summit of Meru just after midnight.</p>
4	<p>Saddle Hut – Summit of Meru (4,565 m / 14,977 ft) – Arusha 6-8 hours</p> <p>We will wake up around 12.30am for tea and biscuits and begin our summit attempt around 1.30am. First, we ascend the steep trail to Rhino Point (3,800m / 12,467 ft) and Cobra Point (4,350m / 14,271 ft). To reach the summit of Meru, we scramble over the rocky ridge between the crater and inner cliffs of Meru. Enjoy the beautiful sunrise from the summit of Mt Meru with spectacular views of Kilimanjaro. On the descent, we take short break at saddle hut and make our way down past Miriakamba hut.</p>
5	<p>Umbwe Gate – Umbwe Cave Camp (2,900 m / 9,514 ft) 5-6 hours</p> <p>We leave the hotel after an early breakfast and travel to Umbwe Park Gate. We take a small winding path that leads us through rainforest and along the Umbwe river. We arrive at Umbwe Cave camp for the night.</p>
6	<p>Umbwe Cave Camp – Barranco Camp (3,970 m / 13,024 ft) 4-5 hours</p> <p>A short distance out of our camp we leave the rainforest. As we gain altitude, we can see the sheer wall of the Western Breach appearing. We will get some nice views of one of the big challenges for the next day, the Great Barranco Wall.</p>

7	<p><b>Barranco Camp – Karanga Camp (4,050 m / 13,287 ft) 3-4 hours</b></p> <p>Our first challenge to overcome is the Baranco Wall, which is 600 ft high and takes us to an altitude of 4,244 m / 13,923 ft. It is easier than it looks. It will have looked impregnable in the fading light of our first evening's inspection from Barranco Camp. Of course, it is steep overall, but the path that winds its way up the wall isn't. It is more like a staircase, so the ascent of the wall is "comfortable" and never feels exposed, or dangerous. There are short sections of easy scrambling, but these are quickly overcome. From the top, the receding Heim Glacier on Kilimanjaro's south face is clearly visible. The route then continues eastwards underneath the Decken and Rebman Glaciers to the Karanga Camp, which is situated above the Karanga Valley</p>
8	<p><b>Karanga Camp – Barafu Camp (4,650 m / 15,255 ft) 3-4 hours</b></p> <p>This is a short day, but included to give some essential pre-summit acclimatisation, without being physically exhausted. The air is noticeably thinner now, and you will be running short of breath as you climb out of the Karanga Valley. It is a slow tough hike up to the Barafu Camp. Barafu means "ice" in Swahili, and it is extremely cold at this altitude. On arrival, we get ourselves ready for going to the summit. This means getting as much to eat and drink as possible, filling water bottles and going to bed as early as possible. The summit attempt starts soon after a mid-night wake-up call.</p>
9	<p><b>Barafu Camp – Summit (5,895 m / 19,341 ft) – Millenium Camp or Mweka Hut</b></p> <p>We will aim to reach Stella Point and the crater rim by sunrise. The moon may provide some light, but we'll be using head-torches most for most of the summit push. It is a steady gradual ascent towards the crater rim on a track with some scree. At dawn, from the Crater rim, rugged Mawenzi is a thrilling sight, with the Kibo saddle still in darkness beneath you, and the crater's ice-walls looming ahead. At Stella Point, we turn left, and continue along a good path, cresting the top of the crater, until we reach Uhuru, the summit, after about another hour. Congratulations, you are on reached the roof of Africa. The crater wall stands steeply over the crater floor about 200 feet below us to our right. As the sun rises, light floods the crater floor, illuminating the Furtwangler Glacier. The warmth of the day will be heralded by orange glows and long cast shadows sprawling below our feet. After spending about 30 minutes on the top, watching the sun gain its hold on the day, and taking photographs to remember the stunning views and your ascent, go start to make our descent, by the same route we came up. After a few hours, we will be back at Barafu camp, in time for brunch, and tea. Another 4 hours after descending from Barafu, we make our way into Millennium camp (3,820 m, 12,532 ft) for the night. Having started out as early as mid-night, and having finished the day as the sun sets, this is usually a very long day, even without the physical exertion of going to the highest point in Africa.</p>
10	<p><b>Millenium Camp – Hotel</b></p> <p>In the morning, we walk down to Mweka Gate. After a welcome lunch it's time to say "kwaheri" to the porters. We then get a lift back to the hotel and a well-deserved shower and a celebratory drink.</p>



11	Transfer to Airport for departure or safari, Zanzibar extension
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*The itinerary is indicative and is subject to changes according to weather and mountain conditions as well as other circumstances that the trekking guide will deem necessary for the safety and/or success of the trek.*

## Camp set-up

- Spacious tents with mattress
- Toilet
- Mess tent for dinner with table and chairs
- Snacks / tea / coffee available during breakfast and dinner

## Communications

- Phone network is usually available along the trek (with Tanzanian SIM Card)



*First views of Kilimanjaro through the rainforest on the Umbwe Route.*



## Gallery



*Summit of Mount Meru (4,566 m)*



*The point of not return*





*Picnic spot on Kilimanjaro's slopes.*



*Accompanied by an armed park ranger (Oswald) on the lower slopes of Mount Meru*





*African buffalo grazing on the lower slopes of Mount Meru*